



Kat Shaw Artist

Thank you so much for requesting a personalised, unique painting!

And well done for taking this amazing step to self-empowerment!
It's time to honour yourself, love yourself and embrace YOU exactly as you are!

Here is some information that will help you to decide what you would like:

- There is no need to come to me, I work from photos.
- All photos are from naked images – this is an empowering part of the journey to receiving your painting, so if you feel daunted by this, take your time and be kind to yourself as you work through the things that are stopping you. A lot of people have never looked at their body naked, let alone photographed it, and this is a liberating experience!
- It is best to send me a few photos of yourself and I'll choose the best one, but you can just send me one if you prefer and I'll work from that. If you have nobody to take photos, I have a tried and tested technique – prop your phone on a table, press the video option and video yourself as you get into various different positions – then watch the video back and screen shot various images that you like. Even just doing this step is hugely empowering. The clearer the image of you, the easier it'll be for me to produce an accurate painting. Photos are, as I mentioned, naked.
- Photos are always treated confidentially, never saved anywhere, and the emails are deleted as soon as I have finished the painting.
- I work in various ways, and there are different commission options. You can select any one you like!

- Option 1: GODDESS COMMISSION
- Option 2: POSITIVE AFFIRMATION COMMISSION
- Option 3: SURVIVOR COMMISSION (PAINTING OR LINE DRAWING)
- Option 4: GROWTH
- Option 5: GET REAL
- Option 6: BLOOMING GORGEOUS - pregnancy paintings



Option 1 - Goddess paintings

You can choose a theme for your personalised Goddess painting—snake Goddess, moon energy, Swan Goddess, fairy Goddess, Sunflower Goddess etc...

Or just tell me your favourite colours...

Or some likes and dislikes - crystal, roses, trees, autumn, water etc...

Or you can tell me your favourite Goddess - Keridwen, Rhiannon, Aphrodite etc..

I then connect to your energy and channel the painting. You may want to be more specific - "I want a mermaid goddess with golden hair, wearing seashells and a pentacle headdress". And I will do that!

Option 2 - Positive affirmation commissions

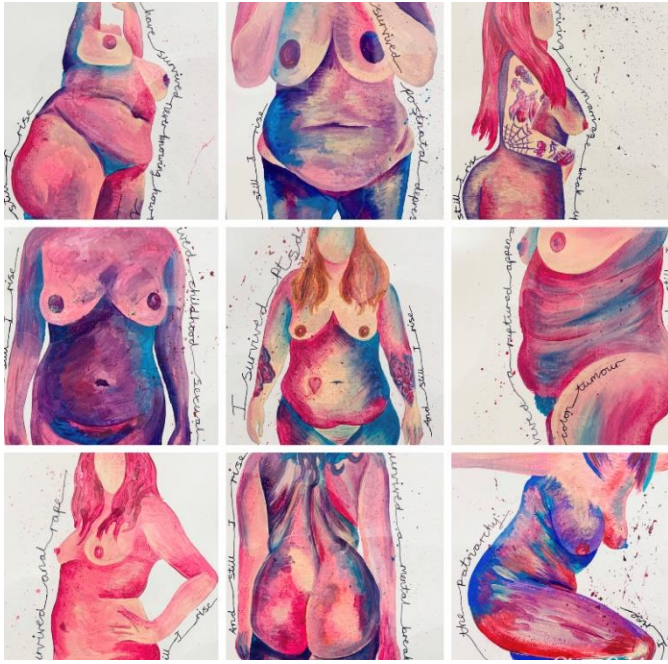
These paintings will empower you as you rise and awaken your inner Goddess, stepping into your own Divine Feminine as a woman in your own skin with love and strength. These are usually mixed media paintings which look like line drawings and are more abstract than the other 2 options.

You can choose your own phrase to be written on the painting, or we can discuss this together...

Or, again, you can tell me a bit about yourself and I can choose a positive and empowering quote.



Option 3 - Survivor paintings (2 options - painting or line drawing)



These paintings are part of my project "And Still, I rise", showing the power and strength of women. "We will not let the past define our lives. We will show the world that surviving can be beautiful. We are here, living, despite it all. We will always rise, and we will do so with strength and dignity. We bow down to the universe who is proud of what we are. We are the magical souls whose spirits cannot be broken and whose strength cannot be questioned. We are the survivors."

The painting has your strapline written on an acetate overlay so that you can peel it back and release it, and the words "And still, I rise" are written directly onto the painting to remind you what a warrior you are. Writing your story and sharing it is the biggest step in moving forwards. This is your story, but it is not your ending.



Option 4 - Growth - a celebration of the wonder of our bodies

Celebrating the glorious stripes that we adorn on our flesh - the proof that we are able to grow and transform and change and that our wonderful bodies support all of that!



Option 5 - Get Real! The reality of our glorious flesh!



So, the media portrays "beauty" and "perfection" in a particular way. Society tells us we should look a certain way. We beat ourselves up daily for not fitting in. Get real is a series of paintings highlighting and screaming from the rooftops the glory of our wonderful, abundant, undulating bodies - exactly the way they are! No airbrushing, no filters and no sucking in the stomach and no contortionist positions to try and stretch the rolls to look flat! You are magnificent - get real and own your reality.

Option 6 - Blooming Gorgeous - the celebration of growing a human

How wonderful to mark this miracle - you are growing a life inside of you xxx



There are 2 different price bands for each option. The first is if it is an "open" image, and the second is for if it is a "closed" image". An open image is when you get the finalised authentic and original artwork, but the image can be used by me, as the artist, to make prints, cards or other merchandise, or share as I choose. A closed image is when you get the finalised authentic and original artwork, but you do not want the image shared or used for any other purposes. Please note, I ALWAYS keep copyright of ALL of my paintings.

- No prints, cards or merchandise are to be made of your painting by you to sell on for profit.
- No paintings have faces on, so none will be recognisable, and your name will NEVER be shared by me with your painting.
- I do have a waiting list, so timings can be discussed at time of order, but paintings may not be done immediately.
- A 50% non-refundable deposit will be needed before I can book in a commissioned painting.

Price list

GODDESS PAINTINGS			
Canvas size	"Open" price	"Closed" price	Deposit
30cm x 40cm	£175	£250	50%
40cm x 50cm	£200	£325	50%
50cm x 60cm	£250	£400	50%
Larger canvasses are possible, email me for quotes!			
All canvas sizes are approximate due to supplier - the canvas you receive will be as close to this as possible, and will be discussed before starting.			

AFFIRMATION ARTWORK (on A4 card)		
"Open" price	"Closed" price	Deposit
£50	£100	50%

SURVIVOR PAINTING (on A4 textured card with acetate overlay)		
"Open" price	"Closed" price	Deposit
£65	£115	50%

SURVIVOR LINE DRAWING (on A4 textured card with acetate overlay)		
"Open" price	"Closed" price	Deposit
£30	£60	50%

GROWTH (on A4 black card with glitter stretchmarks)		
"Open" price	"Closed" price	Deposit
£20	£60	50%

GET REAL AND BLOOMING GORGEOUS			
Canvas size	"Open" price	"Closed" price	Deposit
A4 textured card	£50	£100	50%
20cm x 30cm	£85	£170	50%
30cm x 40cm	£100	£210	50%
40cm x 50cm	£145	£280	50%
50cm x 60cm	£180	£310	50%

All canvas sizes are approximate due to supplier – the canvas you receive will be as close to this as possible, and will be discussed before starting.

Let me know if you have any more questions!

Love from Kat x

